

**NEW
DATE
ADDED!!**

PILATES *Party*

To Benefit FAS Class of 2024

Stretch, lengthen, and strengthen in
a 50 minute Pilates apparatus class taught by 8th
grade mom Sandi Vilacoba. No experience
necessary.

October 17 & 19 & 24 @ 630 PM
@ The Pilates Project
560K River Road, Fair Haven
Donation: \$25

SPACE IS LIMITED!!

REGISTER:

www.thepilatesproject.net/schedule
or email sandi@thepilatesproject.net



thepilatesproject.net