



Mid-Monmouth Youth Basketball (5th/6th grade) Boys Team

What is the Mid-Monmouth League?

The Mid-Monmouth basketball league was formed over 20 years ago with the intent of introducing competitive basketball to the children of the same town. Today, Mid-Monmouth is comprised of 29 towns totaling over 250 teams with equal participation for boys and girls in a well-defined structure.

What are the Goals and Objectives?

The primary goal is to prepare children to play basketball at a competitive level. An emphasis will be placed on mastering basketball fundamentals as well as improving their game IQ. Mid-Monmouth is committed to fostering the meaning of good sportsmanship, leadership, responsibility, and teamwork.

Please Note: Mid-Monmouth Youth Basketball is a **competitive league** that requires a commitment from its players and parents. As an alternative, WLB Sports Association also offers a Recreation Basketball League which is a great option for all youth players.

Welcome to the 2023-2024 Travel Basketball Season!

WLB Sports Association's u11 (5th grade and 6th grade) Boys Team are seeking players to help field these teams for the upcoming 2023-2024 seasons. Any boy living in West Long Branch (or an approved sending district) who is enrolled as a 5th or 6th grader for the 2023-2024 school year is eligible to try out. Regular season games start in late October 2024 and concludes in January 2024. Practices will be held to develop player skills and prepare these teams for their seasons.

Boys u11 Workouts: Any current 5th and 6th grade boys interested in playing travel basketball are invited to practices where they will participate in a combination of drills and scrimmage. **Open gym workouts/tryouts will be held as follows:**

For Boys u11:

- **Wednesday 9/27 from 7pm-8:15pm at Frank Antonides Gym**
- **Monday 10/2 from 7pm-8:15pm at Frank Antonides Gym**

The coaches will look to provide a fair opportunity for each player to demonstrate his ability at shooting, dribbling, passing, rebounding, defense, and 3v3. All parents will be notified by October x by email with an invitation to play travel basketball or a recommendation to continue their child's development in the town's recreational basketball league.

Workout Registration:

For the Boys workouts, please email **Gavin Walters** at gwalters03@gmail.com confirm your son will be attending these workouts.

If you have any additional questions or concerns, please do not hesitate to send an email to West Long Branch Sports Association Travel Basket Coordinator, Ted Ferraro at ted.ferraro@messer-us.com or call at 732-500-4675.