

# PILATES

## *Party*

To Benefit FAS Class of 2024

Stretch, lengthen, and strengthen in a 50 minute Pilates apparatus class taught by 8th grade mom Sandi Vilacoba. No experience necessary.

October 17 & 19 @ 630 PM  
@ The Pilates Project  
560K River Road, Fair Haven  
Donation: \$25

**SPACE IS LIMITED!!**

**REGISTER:**

[www.thepilatesproject.net/schedule](http://www.thepilatesproject.net/schedule)



[thepilatesproject.net](http://thepilatesproject.net)